



HEALTHCARE CONSULTANTS ASIA



# Healthy Wealthy

2025  
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# ***TABLE OF CONTENTS***

- 01** About Us
- 02** Malaysia Day Greetings (BM)
- 03** Malaysia Day Greetings (ENG)
- 04** Author Introduction
- 05** What is ORL-HNS Surgery?
- 06** The Current Landscape & Head and Neck Cancer Statistics in Malaysia
- 07** HCASB's Anniversary
- 08** The Critical Role of ORL-HNS Surgeons
- 09** Patient Journey and Treatment Outcomes
- 10** September Happenings in Malaysia



# ABOUT HCASB

Healthcare Consultants Asia (HCASB) is a trusted subsidiary of Mudah Healthcare. As experts in third-party medical reporting, HCASB specializes in providing detailed and comprehensive medical assessments that help streamline processes and ensure clarity in claims management.

With a panel of over 90 specialist doctors, HCASB is dedicated to delivering accurate and high-quality reports, offering valuable insights and supporting informed decision-making for our clients. Our reports foster fair, transparent resolutions, reinforcing the integrity and efficiency of the claims process.

***HCASB is looking forward to continuing our commitment to excellence in medical reporting, making a meaningful impact on the success of our partners in the industry.***



# Selamat Hari Malaysia!

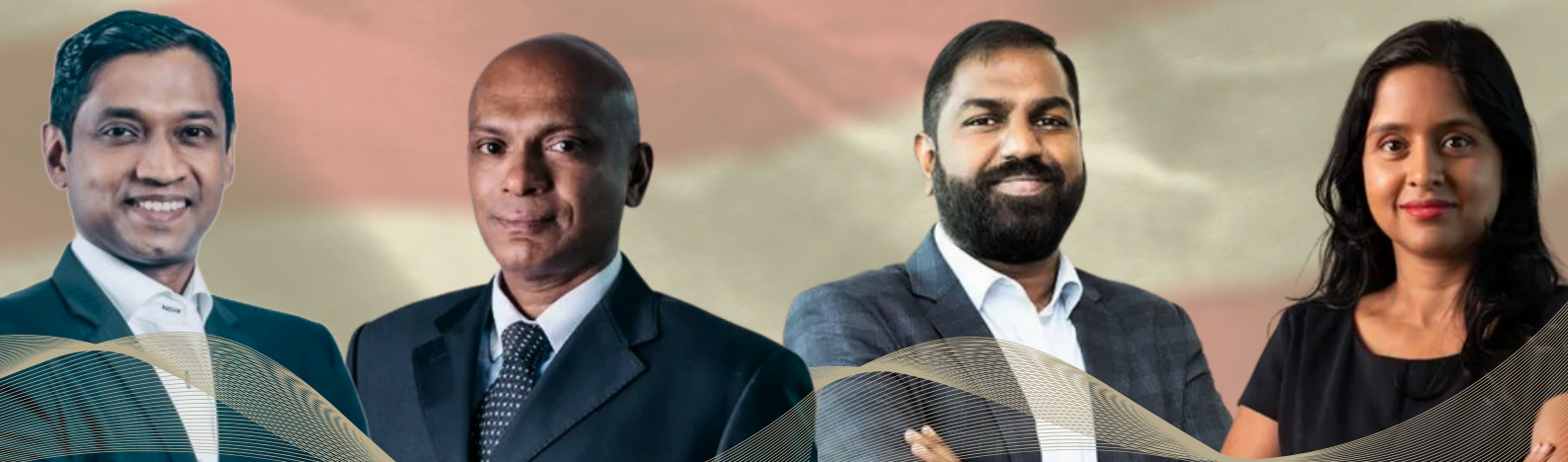
Sempena Hari Malaysia yang penuh bermakna ini, kita menghayati semangat perpaduan yang telah menyatukan negara kita. Ia menjadi peringatan bahawa kekuatan terletak pada kepelbagaian, dan kemajuan tercapai apabila kita berdiri bersama dengan penuh hormat dan tujuan yang sama.

Di HCASB, kami menzahirkan semangat ini melalui usaha berterusan dalam memupuk kerjasama, dedikasi, dan keperihatinan dalam setiap langkah kami demi memberikan khidmat terbaik kepada rakyat Malaysia.

Moga Hari Malaysia ini terus memberi inspirasi untuk kita terus memperkukuh jambatan perpaduan, serta bersama-sama berusaha membina masa depan yang lebih gemilang untuk negara kita.

***Salam hormat,***

***Dato' Dr. Kantha Rasalingam | Dr. Thiruchelvan Balakrishnan  
Dr. Ashwin Balasingam | Datin Chrishini Richards***





# Happy Malaysia Day!

As we celebrate Malaysia Day, we honor the spirit of unity that brought our nation together on this historic date. It is a reminder that strength lies in diversity, and progress is achieved when we stand together with mutual respect and shared purpose.

At HCASB, we carry this spirit forward in our work fostering collaboration, dedication, and compassion in all that we do to serve the people of Malaysia.

May Malaysia Day inspire us to continue building bridges, and striving toward a brighter future for our nation.

***Warmest regards,***

***Dato' Dr. Kantha Rasalingam / Dr. Thiruchelvan Balakrishnan  
Dr. Ashwin Balasingam / Datin Chrishini Richards***





# Prof. Dr. Ramiza Ramza Ramli

*Otorhinolaryngology, Head and Neck Surgeon*

Dr. Ramiza Ramza Bin Ramli is a highly esteemed Professor and Consultant in Otorhinolaryngology – Head and Neck Surgery (ORL-HNS) at Universiti Sains Malaysia, School of Medical Sciences, Kota Bharu, Kelantan.

Renowned for his deep expertise, Dr. Ramiza specializes in rhinology, skull base surgery, rhinosinusitis, and allergy management. His clinical practice reflects a comprehensive and patient-centric approach, integrating advanced surgical techniques with evidence based medical protocols to deliver optimal outcomes.

As a dedicated academic leader, he plays a pivotal role in medical education, training, and research within the field of ENT.

His commitment to excellence, particularly in the management of complex nasal and sinus disorders, has positioned him as a respected authority in otorhinolaryngology both nationally and within the academic community.





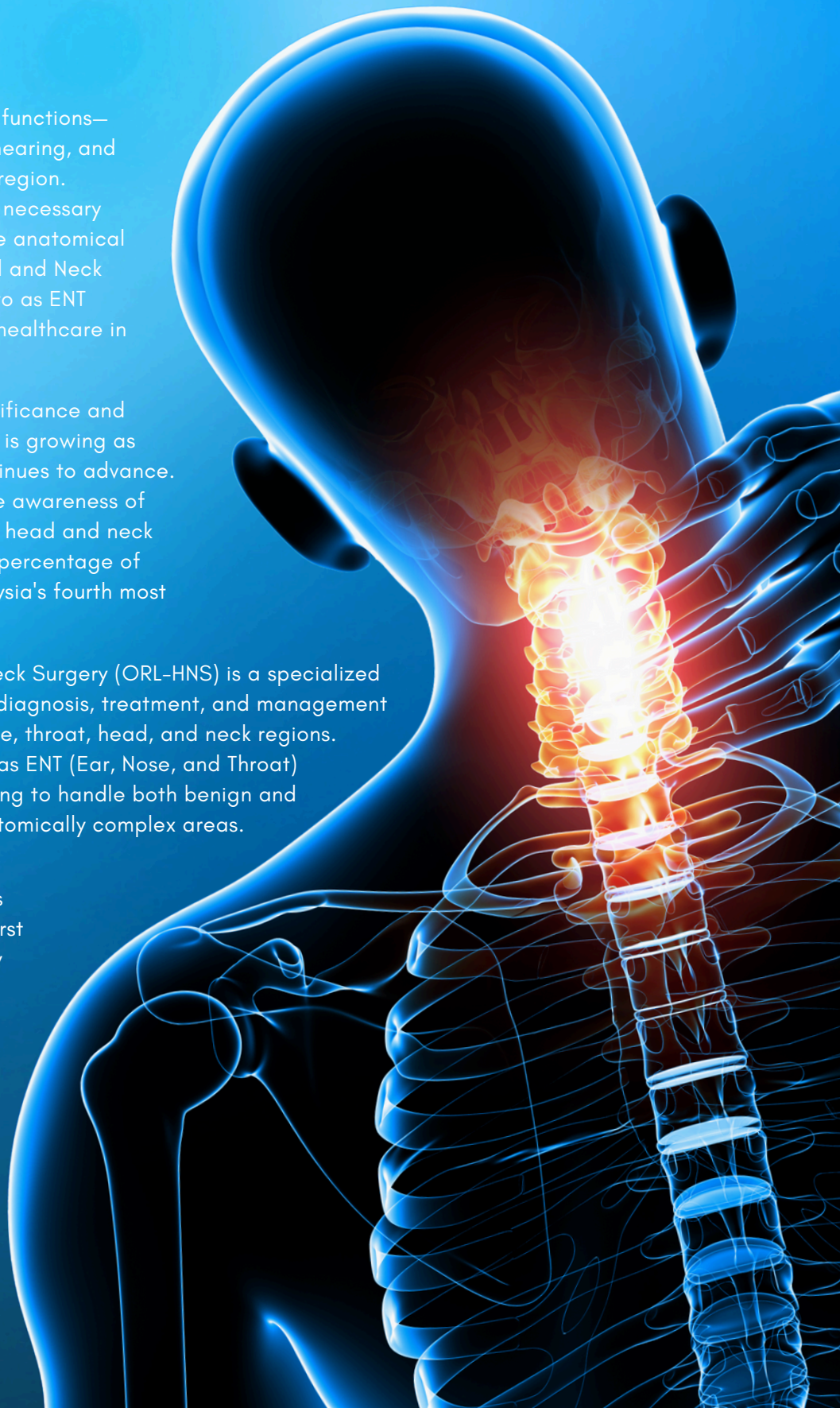
# WHAT IS ORL-HNS SURGERY

Some of our most essential bodily functions—breathing, swallowing, speaking, hearing, and seeing—are in the head and neck region. Specialised medical knowledge is necessary when illnesses impact this intricate anatomical region. Otorhinolaryngology, Head and Neck Surgery (ORL-HNS), also referred to as ENT specialists, are vital to Malaysian healthcare in this regard.

The public's awareness of the significance and breadth of head and neck surgery is growing as Malaysia's healthcare system continues to advance. It is more crucial than ever to raise awareness of specialised surgical care because head and neck malignancies account for a large percentage of cancer cases, which rank as Malaysia's fourth most common cause of death.

Otorhinolaryngology, Head and Neck Surgery (ORL-HNS) is a specialized medical field that focuses on the diagnosis, treatment, and management of disorders affecting the ear, nose, throat, head, and neck regions. These surgeons, often referred to as ENT (Ear, Nose, and Throat) surgeons, undergo extensive training to handle both benign and malignant conditions in these anatomically complex areas.

The breadth of ORL-HNS surgery is much broader than most people first think. Although they are frequently linked to standard treatments like tonsillectomies or sinus infection treatment, these specialists also carry out extremely difficult cancer surgeries, reconstructive procedures, and potentially life-saving microsurgical techniques.





# THE CURRENT LANDSCAPE & HEAD AND NECK CANCER STATISTICS IN MALAYSIA



## ***THE CURRENT LANDSCAPE IN MALAYSIA***

Malaysia faces a significant burden when it comes to head and neck diseases. According to recent data, cancer has become increasingly prevalent in the country.

## **CANCER-RELATED DEATHS RISING FROM 10.5% IN 2021 TO 12.6% IN 2022.**

Within this context, head and neck cancers represent a substantial portion of the cancer burden. The epidemiology of cancer in Malaysia is showing concerning tendencies, according to recent statistics. Late-stage cancer detection has risen to 65%, according to the Malaysia National Cancer Registry Report 2017–2021, meaning that many individuals receive their diagnoses after their illnesses are more advanced and difficult to treat. The significance of early diagnosis and the expertise of ORL-HNS surgeons in handling these complicated cases are highlighted by this statistic.

## ***HEAD AND NECK CANCER STATISTICS IN MALAYSIA***

Head and neck cancers pose a significant health burden in Malaysia, with over 1,500 new cases diagnosed annually. These cancers rank as the third most common among men and fourth among women. Nasopharyngeal carcinoma (NPC) is the most prevalent type, especially among Asian populations, and shows gender disparities in incidence rates. Alarming, 65% of cancers are detected at late stages, complicating treatment and reducing survival rates. The Malaysia National Cancer Registry highlights regional and demographic variations, emphasizing the need for targeted awareness and early detection strategies to combat the rising trend of head and neck cancers nationwide.



# HCASB's 5<sup>th</sup> Year Anniversary





# The Critical Role of ORL-HNS Surgeons

ORL-HNS (Otorhinolaryngology, Head and Neck Surgery) surgeons are vital in diagnosing and treating complex conditions in the head and neck region. Their expertise spans both benign and malignant diseases, with a focus on preserving essential functions like speech, swallowing, and breathing. These specialists lead multidisciplinary teams, coordinating care with oncologists, radiologists, and therapists. They employ advanced techniques such as robotic-assisted surgery, microvascular reconstruction, and laser procedures. In Malaysia, ORL-HNS surgeons are increasingly recognized for their role in managing late-stage cancers and performing intricate surgeries that restore both function and appearance, making them indispensable in modern healthcare.

## *Prevention and Early Detection*

Prevention and early detection are crucial in reducing Malaysia's high rate of late-stage head and neck cancer diagnoses.

ORL-HNS surgeons advocate awareness of warning signs such as persistent hoarseness, difficulty swallowing, unexplained ear pain, and neck lumps.

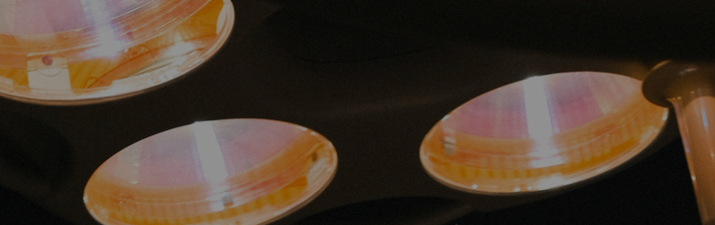
Key risk factors include tobacco use, alcohol consumption, HPV and EBV infections, poor oral hygiene, and occupational exposures.

Public education and routine screenings can significantly improve outcomes.

By recognizing symptoms early and seeking specialist care promptly, Malaysians can benefit from timely interventions that enhance survival rates and reduce the need for extensive surgical procedures.





A close-up of several circular surgical lights hanging from a ceiling, casting a warm, yellowish glow. The lights are partially obscured by shadows, creating a dramatic effect.

# Patient Journey and Treatment Outcomes

The patient journey in head and neck disease care begins with symptom recognition and referral to an ORL-HNS specialist. Diagnosis involves imaging and biopsies to determine disease stage, followed by personalized treatment plans that may include surgery, chemotherapy, or radiation. ORL-HNS surgeons perform procedures ranging from minimally invasive techniques to complex reconstructions. Post-operative care includes rehabilitation to restore function and long-term follow-up to monitor recurrence. This comprehensive approach ensures patients receive holistic care, improving both survival and quality of life. Malaysian healthcare is evolving to support this journey with better infrastructure, training, and multidisciplinary collaboration.

Head and neck diseases demand specialized care, and ORL-HNS surgeons play a pivotal role in preserving vital human functions. With cancers in this region rising in Malaysia, public awareness and early detection are essential. These surgeons not only treat disease but also restore quality of life through advanced surgical techniques and coordinated care. Malaysia's healthcare system is progressing with technological innovations, enhanced training, and regional partnerships. However, success hinges on informed citizens who recognize symptoms and seek timely specialist intervention. Empowering Malaysians with knowledge can transform outcomes and ensure better health for future generations.





# September Happenings in Malaysia

| Category              | Event / Conference                                                | Dates          | Venue & City                                                                         |
|-----------------------|-------------------------------------------------------------------|----------------|--------------------------------------------------------------------------------------|
| Medical               | 50th Annual Dermatology Conference & AGM                          | 4-7 Sep 2025   | Nexus, Connexion, Bangsar South, KL<br>(Organized by Persatuan Dermatologi Malaysia) |
| Medical               | Annual Scientific Meeting of Intensive Care                       | 12-14 Sep 2025 | Shangri-La Kuala Lumpur<br>(Hosted by Malaysian Society of Intensive Care)           |
| Medical               | 25th Malaysian Thoracic & Cardiovascular Surgery Congress         | 19-21 Sep 2025 | IOI Convention Centre, Serdang<br>(Organized by MATCVS & Hosp Sultan Idris Shah)     |
| Medical               | 4th International Conference on Medical & Health Sciences (ICMHS) | 22-24 Sep 2025 | Renai Hotel, Kota Bharu, Kelantan<br>(Joint with 25th NCMHS)                         |
| Insurance / Actuarial | IFoA Asia Conference 2025                                         | 25-26 Sep 2025 | Connexion Conference Centre, KL                                                      |
| Law                   | Judicial Review 101 (Webinar)                                     | Sep 9, 2025    | Online / KL Bar event                                                                |



HEALTHCARE CONSULTANTS ASIA

# 2025



## Stay Connected With HCASB

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